

FREE THETAN

NEWSLETTER OF THE ASSOCIATION OF
PROFESSIONAL INDEPENDENT SCIENTOLOGISTS

Preserve, Protect & Promote

December 2018

Volume 9 Issue 12



**Freedom for man does not mean freedom to
injure man. Freedom of speech does not
mean freedom to harm by lies.**

Scientology—A New Slant on Life

FREE THETAN

NEWSLETTER OF THE ASSOCIATION OF PROFESSIONAL INDEPENDENT SCIENTOLOGISTS

Preserve, Protect & Promote

FREE THETAN
Volume 9 Issue 12 December 2018

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Important

In studying Dianetics and Scientology be very, very certain you never go past a word you do not fully understand.

The only reason a person gives up a study or becomes confused or unable to learn is that he or she has gone past a word or phrase that was not understood.

Trying to read past a misunderstood word results in mental "fogginess" and difficulty in comprehending the passages which follows. If you find yourself experiencing this, return to the last portion you understood easily, locate the misunderstood word and get it defined correctly—and then go on.

~o0o~

**The
FREE
THETA**

The Members Quarterly Journal of the
Association of professional Independent Scientist

Preserve, Protect & Promote

<http://independent-scientologists-association.net>



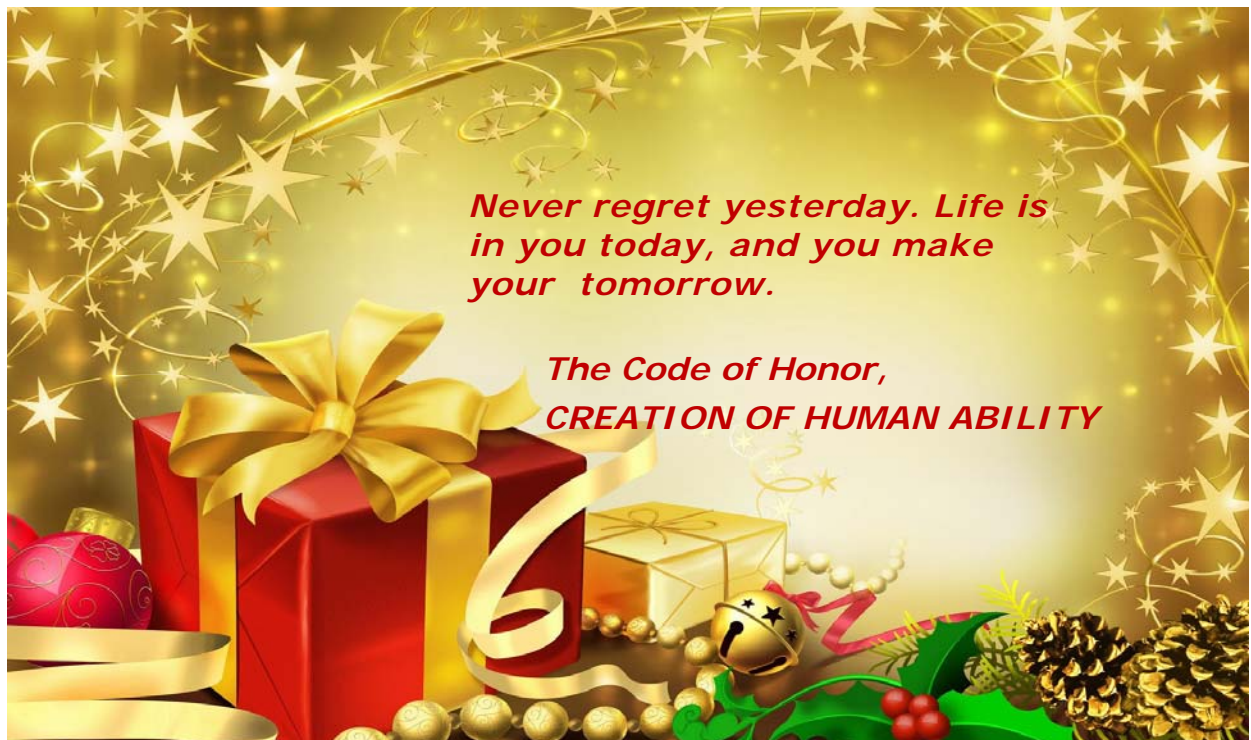
reservo, servo, proveho



~ Editorial ~

reservo, servo, proveho

Dear Reader,



Much arc,

Michael Moore
Editor

~oo00oo~

The Aims of Scientology and APIS

Lafayette Ron Hubbard first issued the 'Aims of Scientology' which of course still stands. Yet, despite holding a copyright on these aims the Church of Scientology, RTC and the CST do not appear to be following these aims fully. Therefore it behooves us to take some responsibility and set out our aims, based upon the aims that Ron first envisaged as something which we can honestly strive to attain.

We therefore stated below:

The Aims of APIS

To contribute towards having a sane society by the promotion, expansion and application of the technology to the point where people can live their lives in peace and security and without war or insanity and where they can honestly flourish and prosper and attain higher levels of spiritual being.

APIS is non political in nature and welcomes any individual of any creed, race or nation.

APIS does not seek revolution. APIS seeks only to assist in paving the way for evolution to higher states of being for the individual and for society. After endless millennia of ignorance about himself, his mind and the universe, a breakthrough has been made for man by Lafayette Ron Hubbard with the philosophy and the technology he developed to free man from the shackles of his mind.

According to Lafayette Ron Hubbard, "The combined truths of fifty thousand years of thinking men, distilled and amplified by new discoveries about man, have made for this success."

We welcome you to APIS. We would like your help in achieving our aims and helping others and we hope to be able to help you in return.

The original working technology of Lafayette Ron Hubbard is the most vital movement on Earth today. In a troubled world, the job of promoting and applying this technology is not easy. But then, if it were, we wouldn't have to be doing it.

APIS does not owe its help not having done anything to caused it to propitiate. We are here because we want to be here and we want to assist Ron in his aims.

As Ron says:

"Man suspects all offers of help. He has often been betrayed, his confidence shattered. Too frequently he has given his trust and been betrayed. We may err, for we build a world with broken straws. But we will never betray your faith in us so long as you are one of us.

The sun never sets on Scientology.

And may a new day dawn for you, for those you love and for man.

Our aims are simple, if great.

And we will succeed, and are succeeding at each new revolution of the Earth.

Your help is acceptable to us.

Our help is yours."

'The Aims of Scientology' -- Lafayette Ron Hubbard

~oo00oo~

CERTIFIED AUDITORS & GROUPS

This list of auditors and groups here have been ratified and certified as delivering On Source Standard Technology.

These Auditors and groups have requested and gone through an exacting certification process that validates their abilities and expertise. See [Certification](#) for further details. They have passed stringent testing by senior technically qualified people as per the [certification process](#).

Canada

Toronto

Chris Black. Class VIII C/S, KOT,

Delivers: Purif C/S; Life Repair To Clear Auditing & C/Sing OT reviews & C/Sing; FPRD; Debugs & more.
standardtechauditor@yahoo.ca

USA

South East

Southern Cal tech Team

Standard LRH Bridge

Training, Auditing & C/Sing Specializing in OT and NOTs levels
scttservices@gmail.com

Los Angeles, California

Trey Lotz Class VIII

Delivers: Standard LRH Bridge up to Clear, NOTs, Ls

Trey.Lotztrey@relaypoint.net

Ian Waxler Class VIII C/S with Honors

Auditing and C/Sing all old LRH Bridge

info@adcian@yahoo.com

Ingrid Smith

From Life repair to OT4

ingridsmith123@yahoo.com

Silvia Llorens

All Standard Bridge

sllorens71@gmail.com

Scotland

Ken Urquhart. Class IV Advance Courses Specialist. Class IX

Delivers: Internships, apprenticeships and Okay-to-Audits Class V

Ken.Urquharturq@verizon.net

Non certified and pending auditors, groups and organizations can be found on the [auditors page](#). APIS offers no guarantee as to the quality of delivery of services with uncertified auditors. They are alphabetically categorized by country and region for your convenience.

~oo00oo~



Wins and Successes in the Scientology Independent Field

Life Repair

I remember coming into this thinking 'I'm broken' and that all the stuff in my life will haunt me for the rest of my life, and thinking that I was trapped in this dark, scary, unhappy place, and that I didn't deserve better because of the things I've done, and the people I've hurt (me included).

What I gained from all of this is that we are all broken and forgivable and are worthy of happy, successful and fulfilling lives. But what I learned more importantly is that no one else but us is responsible for our happiness and success. I've learned to forgive myself, accept myself, love myself, and be proud of myself, and others as well.

Maybe the biggest success is forgiving people who have hurt me, betrayed me, deceived me, and didn't accept me. That's their loss, and I'm not going to be affected by it. I have a clear

head on now and am ready to kick some serious butt!

Life Repair

As of this day I can honestly attest that my life and survival has improved to the point where I am looking to the future in a very positive frame of mind. My auditing with Trey has been amazing and I feel like I have been released from holding onto any past concerns in my present life. I am ready to step forward into the light and make wonderful things happen in my life and in the lives of the people close to me.

Grade Zero

I have always felt I could communicate to any one on any subject so I was not really expecting any fireworks on this level. Well...there was more to this level than meets the eye for sure. I line charged in one session, and after

another session I got more of an awareness of communication on the 3rd and 4th dynamic. Then today on my way to session I got this flow where I just felt compassion for all beings, and no ridges on flowing ARC to anyone. I cried because it was just too much to hold into this little body. We addressed things I "knew" I had no charge on. Ha Ha Ha. These were the biggest wins. I feel freer and more in comm with society as a whole, and my ability to grant beingness is a whole lot bigger. For the first time, I can honestly say I am a different being. I am getting a lot freer. I just love Trey! He is superduperfragalisticexpalidocious. I feel lucky to have pulled him in. Thanks to LRH for dedicating his life to coming up with the tech to set us all free.

Grade Zero

Grade O has been absolutely wonderful. I have spent my whole life afraid to speak up, much to my detriment. In the past I have allowed others to misuse me with their comm, and invalidate my viewpoint. About half way through the grade, I suddenly began communicating without fear and with confidence. I was no longer worrying about how my communication would be received, or checking the environment to see if it was "safe" to communicate my viewpoint.

What I have received from the grade was not just the ability to communicate, but the ability to communicate from a viewpoint. My view-

point! Now that I have this, I have my integrity back. What is true for me is true for me. What I have observed is what I have observed. I have truth, my truth, and now I can share it without worry or self-doubt. Thank you LRH for this profound gift you have left the world, and thank you Trey for your wonderful auditing.

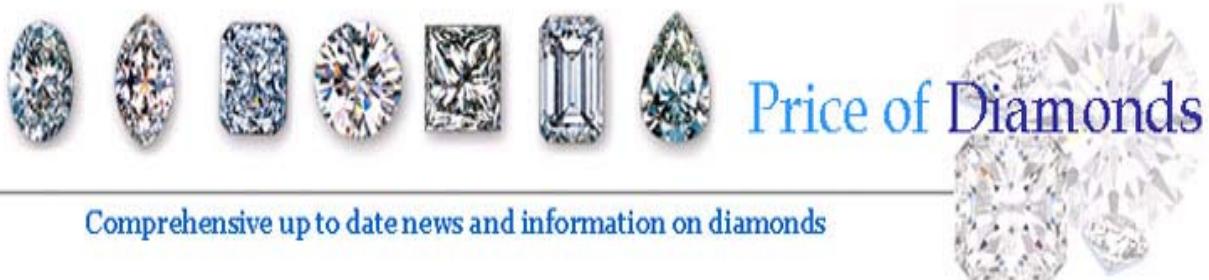
Grade One

I just completed Grade 1 and I now know for sure that I have the ability to recognize the source of problems and make them vanish without any doubt whatsoever. I've actually seen how many problems I've created and have now started to handle so that they vanish. I'm really happy to have this ability. Thanks Trey for this new ability.

~ CLEAR SUCCESS ~

I am truly in a different space in time. I am truly exterior and cause in this universe on my 1st dynamic without circuits and machinery. I could never even imagine the space I find myself in. It is truly hard to communicate this state. It's sort of like I see others but they don't see or feel my machinery any longer, but just see a beautiful beingness.

~oo00oo~





Life is a Static

according to the Axioms. A static has no motion. It has no wave length. The proofs and details of this are elsewhere in Scientology.

This static has the peculiarity of acting as a “mirror”. It records and holds the images of motion. It even can create motion and record and hold the image of that. It records also space and time in order to record motion which is, after all, only “change in space through time”. Played against motion as a kinetic, the static can produce live energy.

In a mind, any mind, the basic beingness is found to be a static on which motion can be recorded, and which, acting against motion, produces energy.

A memory is a recording of the physical universe. It contains—any memory—a time index (when it happened) and a pattern of motion. As a lake reflects the trees and moving clouds, so does a memory reflect the physical universe. Sight, sound, pain, emotion, effort, conclusions, and many other things are recorded in this static for any given instant of observation.

Such a memory we call a “facsimile”. The mind, examining a facsimile it has made, can see it, feel it, hear it, re-experience the pain in it, the effort, the emotion. There are billions of facsimiles available to any mind. Billions of billions. These facsimiles can be brought into present

time by the environment, and “unseen” or “unknown” by the awareness of awareness of the mind, can reimpress their pains, efforts, and aberrations upon the being, thus making one less liable to survive. All unknowingnesses, confusion’s, aberrations, psychosomatic ills are traceable to facsimiles.

One believes he can use *any* facsimile he has ever received. He has been hurt. He uses the facsimile of being hurt to hurt another. But since one survives as well as everything else survives, to hurt another is *wrong*. One *regrets* the injury, seeking to turn back time (which 25 regret). Thus the facsimile he used becomes interlocked with his facsimile of trying to use it and both facsimiles “hang up” and travel with present time. One even gets the *pain* he seeks to inflict on another, this being the action against him of the facsimile he sought to give, by action, to another. It startles the preclear, when run through a boyhood fight, wherein he hit another boy in the eye, to feel the pain in his *own* eye at the instant of the blow. And so it is with *all* inflicted injuries.

This is a simple matter of the interaction of the pictures of energy.

This is a “maybe”, indecision, inaction. This is aberration—trying to do unto others what was done to you—good or bad.

An interplay of static against motion or between two classes of motion, one relatively static to the other, can and does produce active electrical energy in beings of different characteristics and potentials. This makes a living being an electrical field more capable of high potential and varieties of waves than are known to nuclear physics, of which Scientology is a basic.

This created energy played lightly over a “facsimile” reactivates it and causes it to bear upon a being once more. This is an activity of thinking.

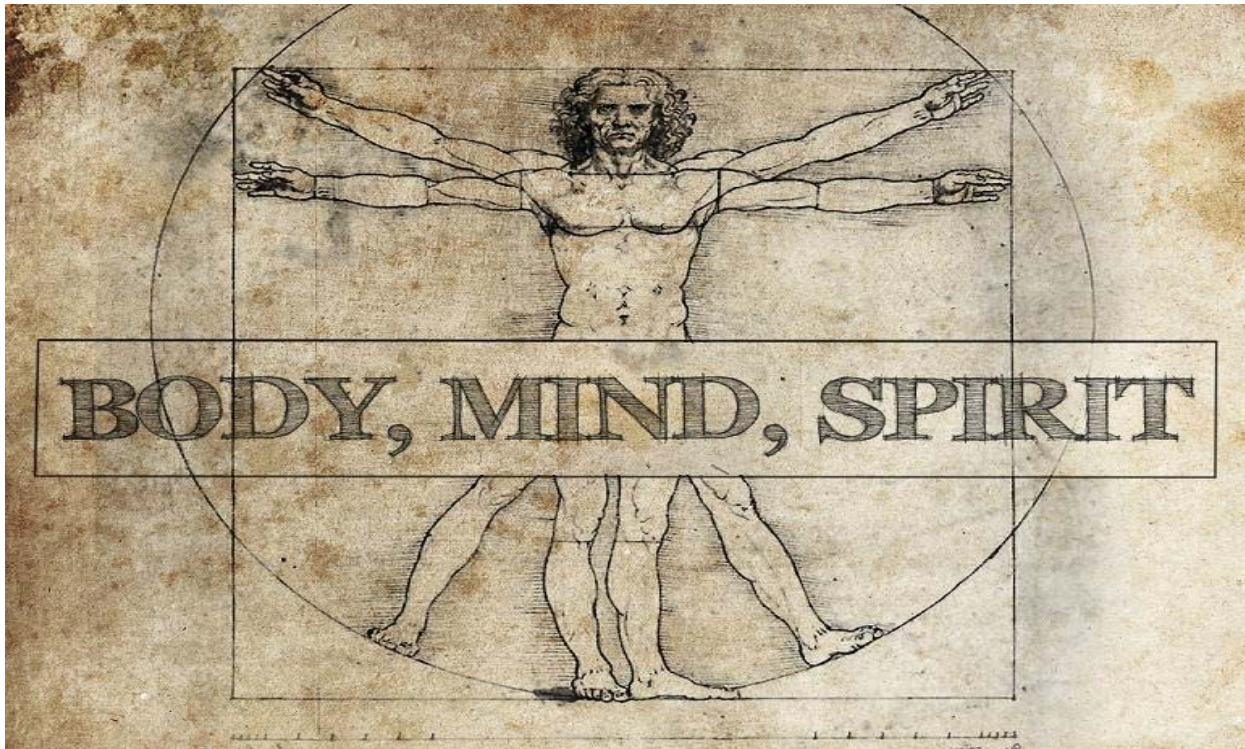
A “facsimile” brought into play by a moment of intense activity may afterwards, when the being is again producing only normal energy output, “refuse” to be handled by the lower energy. This facsimile then can trap the energy of a being and turn upon him the pain, emotion, and other things recorded in the facsimile. The facsimile thus can absorb energy and give pain, especially when the being holding it has forgotten it or does not perceive it. This is restimulation. By concentrating a live energy flow upon a facsimile directly, the being can erase, disintegrate, or “explode” or “implode” it.

As heavy facsimiles are the hidden source of human aberration and psychosomatic illness, their erasure or better handling by the being is intensely desirable.

The remedy of human aberration and illness is a minor goal of Scientology. Its discoveries make this possible.

Extract from the book ‘Scientology 8-80’ by L. Ron Hubbard

~oo00oo~



If Life or Theta, as it is called in Scientology

is a mirror and a creator of motion which can be mirrored, it follows then that mirror-wise, the whole of the laws of motion, magnetism, energy, matter, space and time can be found in thought, and behavior and even thinking partake of the physical universe laws regarding matter, energy, space and time. Thus even the laws of Newton can be found operative in thought. Fortunately all this is beyond the need of an auditor's immediate grasp of the subject for if it were not, an auditor would have to be first a nuclear physicist before he could begin to make the lame well and the able more able.

Some understanding of the matter is, however, desirable—otherwise some very weird philosophies would develop which would benefit none. Man has been ridden to death by philosophies which, unproven by any result, yet achieved enough prominence to spoil many a society (Schopenhauer or Nietzsche, for example). And many a scientific effort has fallen into disrepute because of philosophic misrepresentation.

Kant and Hegel all but ruined any hope nuclear physics or the humanities had by wild misinterpretation (in resounding language) of Indian philosophy and other early efforts to resolve the riddle of existence. So let us see how very basic and simple are the reasons why we audit what we audit.

Life can create motion or use motion or mirror motion. Motion is a change in space. Any change involves time. Conversely, for there to be time, there must be change. If no change occurs we have the illusion of a static again. The main trouble with facsimiles is that they “hang up” in time, then become timeless and then give the concept of “no change”. Our preclear, de-

siring to change for the better, cannot change because he is “hung up” in a memory which he “can’t” change. The auditor wants change. Timelessness or forgiveness prevents change and these unwelcome conditions come about when a facsimile “hangs up” in present time. This makes the preclear feel he is unable to change. No matter what you do for him, if you do not get him “into present time” or (the same thing) get the facsimiles *out* of present time, you have “no change”. Thus we had better know what makes a facsimile “hang up”, and, “hung Up”, act upon the preclear.

We see that a facsimile is a mirror of old motions. It is undone and gotten out of present time by dropping out its “motion”. Only the mind can put the “motion” of a facsimile back into motion in the physical universe. The facsimile is “made” by the mind’s ability to duplicate the wave or motion patterns of the physical universe.

A “live” attention unit operates only in present time. A facsimile is composed of “dead” attention units, a pattern once made by “live” units in some past present time. For example, one sees a man. His attention units could be said in that instant to make up the pattern of what he sees. A moment later, he has a facsimile made up of “dead” attention units. He can “sec” this man again simply by throwing *live* units at patterns of *dead* units. The facsimile can come “alive” and active only when *scanned* by live units. Then, it can stay “alive” so long as live units are fixed on it. It will not “run out” or dissipate unless a large number of live units are played on it. Thus, a facsimile can “hang up”. This is an analogy, but it will do for an auditor.

An auditor can “see” his preclear as a mind which is surrounded by old facsimiles which are given just enough attention to keep them “in present time”. It is the task of the auditor to drop *all* facsimiles into an inactive state. It is a grim fact that one really doesn’t think with these heavy facsimiles. *One could survive quite well if he had no facsimiles!*

Thought can pervade an area or approximate a situation and *know*. The mind thinks with light facsimiles, or no facsimiles at all. Thus there is a compulsion early on the track to have facsimiles. Then, as one ceases to “know”, one is at length no longer in control of his facsimiles but is their victim. Given enough facsimiles, a man dies; a theta being decays until it can’t even be a Man. How, then, does one strip away facsimiles from the present time of the preclear? The auditor would have to audit billions of them to erase all the facsimiles the preclear has made or “borrowed” and which now act heavily upon him, giving him illness, degradation and aberration—as well as amnesia as to his actual past.

We can rehabilitate the preclear by raising his ability to create energy, and thus bring him to a “speed” which has sufficient output for him to overcome facsimiles. We do this by erasing or reducing certain facsimiles, and, in doing so, retrain our preclear to produce a higher energy potential.

Extract from ‘Scientology 8-80’ by L. Ron Hubbard

~oo00oo~



CERTAINTY

Vol. 13 No. 3 [March, 1966]

Official Periodical of
SCIENTOLOGY
in the British Isles

WHAT IS GREATNESS?

L. Ron Hubbard

The hardest task one can have is to continue to love one's fellows despite all reasons he should not.

And the true sign of sanity and greatness is to so continue.

For the one who can achieve this, there is abundant hope. For those who cannot, there is only sorrow, hatred and despair, and these are not the things of which greatness or sanity or happiness are made.

A primary trap is to succumb to invitations to hate. There are those who appoint one their executioners. Sometimes for the sake of the safety of others, it is necessary to act, but it is not necessary also to hate them.

To do one's task without becoming furious at others who seek to prevent one is a mark of greatness—and sanity. And only then can one be happy.

Seeking to achieve any single desirable quality in life is a noble thing. The one most difficult and most necessary to achieve is to love one's fellows despite all invitations to do otherwise.

If there is any saintly quality, it is not to forgive. "Forgiveness" is a much lower level action and is rather censorious.

True greatness merely refuses to change in the face of bad actions against one—and a truly great person loves his fellows because he understands them.

After all, they are all in the same trap. Some are oblivious of it, some have gone mad because of it, some act like those who betrayed them. But all, all are in the same trap—the generals, the street sweepers, the presidents, the insane. They act the way they do because they are all subject to the same cruel pressures of this universe.

Some of us are subject to those pressures and still go on doing our jobs. Others have long since succumbed and rave and torture and strut like the demented souls they are.

To re-save some of them is a dangerous undertaking. Were you to approach many ruling heads in the world and offer to set them free (as only a Scientologist can) they would go berserk, cry up their private police and generally cause unpleasantness. Indeed, one did—he was later assassinated by no desire of ours but because of the incompetence of his own fellows about him. He could have used Scientology. Instead, he promptly tried to shoot it down by ordering raids and various berserk actions on Scientology organizations. That he was then shot had nothing to do with us, but only demonstrated how incompetent and how mortal he really was.

As we become stronger, we can be completely openhanded with our help. Until we do, we can at least understand the one fact that greatness does not stem from savage wars or being known. It stems from being true to one's own decency, from going on helping others whatever they do or think or say and despite all savage acts against one; to persevere without changing one's basic attitude toward Man.

A fully trained Scientologist is in a far better position to understand than a partly trained one. For the Scientologist who really knows is able not only to retain confidence in himself and what he can do, but also can understand why others do what they do and so knowing, does not become baffled or dismayed by small defeats. To that degree, true greatness depends on total wisdom. They act as they do because they are what they are—trapped beings, crushed beneath an intolerable burden. And if they have gone mad for it and command the devastation of whole nations in errors of explanation, still one can understand why and can understand as well the extent of their madness. Why should one change and begin to hate just because others have lost themselves and their own destinies are too cruel for them to face.

Justice, mercy, forgiveness, all are unimportant beside the ability not to change because of provocation or demands to do so.

One must act, one must preserve order and decency, but one need not hate or seek vengeance.

It is true that beings are frail and commit wrongs. Man is basically good but can act badly.

He only acts badly when his acts done for order and the safety of others are done with hatred. Or when his disciplines are founded only upon safety for himself regardless of all others; or worse, when he acts only out of a taste for cruelty.

To preserve no order at all is an insane act. One need only look at the possessions and environment of the insane to realize this. The able keep good order.

When cruelty in the name of discipline dominates a race, that race has been taught to hate. And that race is doomed.

The real lesson is to learn to love.

He who would walk scatheless through his day must learn this.

Never use what is done to one as a basis for hatred. Never desire revenge.

It requires real strength to love Man. And to love him despite all invitations to do otherwise, all provocations and all reasons why one should not.

Happiness and strength endure only in the absence of hate. To hate alone is the road to disaster. To love is the road to strength. To love in spite of all is the secret of greatness. And may very well be the greatest secret in this universe.

~oo00oo~

T R A I N I N G

P R O C E S S I N G

Additional training services that may be done at various points on The Bridge®

Third and Fourth Dynamic Training Courses

OT Hatting Courses

Technical Specialist Courses

Case Supervisor Training

Other Technical Courses

Scientology Minister Course

Primary Roundup™ (see manual)

Hazard Life Orientation® Course

Hazard Key to Life® Course

Class XII Auditor

Class XI Auditor

Class X Auditor

Class IX Auditor

Class VIII Auditor

Class VII Auditor

Class VI Auditor

Class VA Graduate Auditor

Class V Graduate Auditor

Class IV Auditor

Class III Auditor

Class II Auditor

Class I Auditor

Class 0 Auditor

Not Classed

Not Classed

Not Classed

Not Classed

Not Classed

Success Through Communication Route

Life Improvement Course Route

Personal Efficiency Route

Scientology Introductory Auditing Route

Awareness Characteristics

Total Freedom

21 Source

20 Existence

19 Conditions

18 Realization / 17 Clearing / 16 Purposes

15 Ability / 14 Connection / 13 Result

12 Protection / 11 Activity / 10 Production

9 Body / 8 Adjustment / 7 Energy

6 Enlightenment / 5 Understanding / 4 Organization

3 Perception / 2 Communication

1 Recognition

-1 Help

-2 Hope

-3 Demand for Improvement

PG Course

Name of State

Initial Auditor

Prerequisites

Class of Auditor

When Taken

Quality

OT XV

OT XIV

OT XIII

OT XII

OT XI

OT X

OT IX

OT VIII

OT VII

OT VI

OT V

OT IV

OT III

OT II

OT I

OT Eligibility

Solo Course

OT Preparations

Solo Course (Part I)

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Purification Route

The Way to Happiness Route

Hazard Key to Life Course Route

Hubbard Key to Life Course Route

DIANETICS AND SCIENTOLOGY INTRODUCTORY COURSES, LECTURES AND PUBLIC FILMS

one may find the truth for himself, things is therefore not expounded as to believe, but something to do.

person himself — not his body or his physical universe, his mind or anything which is aware of being aware, the self is the individual. The term was borrowed as a translation of the Greek *psyche*, to which an *e* is added to make a modern style used to create words in it is also *psy*, or *psychic* to the eth meaning uncreated or vast;

regimens or realises, often referred to as drills. They are practical drills on the realization.

is and abbreviations such as those of the body of this chart are to be found in the Dictionary.

Touch Assist on Self

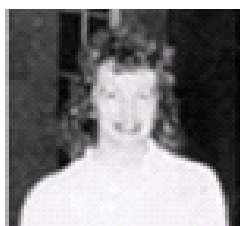
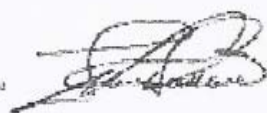
By L. Ron Hubbard

From: [REDACTED]
To: [REDACTED]
Sent: Friday, July 23, 2004 1:12 PM
Subject: Touch Assist on yourself

Well, there's a very interesting experiment that you can run, if you have some minor ailment in some part of your body or something of the sort. Let's say you have a knock in the head or something that hasn't gotten well. If you'll just run a Touch Assist on yourself for a while, just keep touching it and looking at your fingers. And you may have to do it for several days or something like this because it might be quite severe—or if you know of an old injury, something like this—you keep doing it, you know. Keep noticing your fingers, not feeling them but kind of looking at them. ...

"Well, the funny part of it is what disappears is the bump. This is an interesting demonstration as to the goodness or badness of man. The bump disappears. Who's looking at it? You are. Well, what did you cause to have happen? You caused a bump to disappear. That's what you had happen. Well, why didn't your head disappear? That's an interesting thing. Just think it over for a while.

"It demonstrates that your presence or attention on anything is beneficial to a body. It's fascinating. I mean you look it over. You've got enough philosophy in those few words to have stunned Chaldea."



A TRIBUTE TO MARY SUE HUBBARD

Wife of L. Ron Hubbard

Remembered with Respect and Honor





How Ron Worked

**By Mary Sue Hubbard
(From Ability Mag Issue III Minor ca. April 1955)**

Many people have questioned me regarding Ron's research and investigation into the human mind. The funny thing is that the majority of the hundreds of research cases on whom he worked to give us the principles for building a better world were never aware of who he was or what he was doing. They had never heard of Dianetics or Scientology. All they knew or were aware of was that they felt better, their bad eye sight or maybe the limp in a once injured leg, was gone.

Wherever we have been it has always been the same – in England, Belgium, France, Germany, Spain, or here in our United States – rich or poor, young or old, diseased or insane, there has always been the hidden man, woman, and child behind the scenes who were helped and who, but did they know it, were contributing to the furtherance of a science. To me, the most important foundation upon which Dianetics and Scientology is built was stated in the First Book – that is, "Man is basically good." I know of no one who believes this as strongly as Ron does. It is my feeling that this alone in times of contemptuous press, financial difficulties, the betrayal

of friends – times when it seemed that all he had built was crumbling to pieces, kept him going, kept him persisting to his goal of helping MAN.

In Phoenix after the fall of Wichita, a producer with whom Ron had worked in Hollywood came to see us at our small apartment. He was offering Ron what would seem to the ordinary man like ice cream and cake for eternity. After picturing this dream in the clouds, he said to Ron, “Now, really, do you think this Dianetics, this research of yours, is worth it?” Ron sat for a very long time – silent, his eyes closed. Finally after what had seemed like hours he opened his eyes, and said, “Yes! Yes I do.” After his producer friend left, I asked him why he had taken so long to answer. He replied, “I was watching pass before me a parade of all the people I had helped, their expression one of hope and faith in the goodness of the future. Nothing can be worth more to me than that.”

And that’s the way he is. His belief in the innate goodness of Man, in being able to bring this and Man’s abilities to the fore continues him in his research. It enables him to communicate to anyone despite their physical disability to do so, or any language barrier.

His preclears are all over the world. The time he has spent processing is too vast to enumerate. Even he does not know the hours; he works and there is no time to him. This used to be very disconcerting to me. I remember one time in Spain, I had spent the whole morning shopping in the market and the whole afternoon preparing dinner on one oil burner and a charcoal fire. This was a difficult process for one used to super markets and a gas range. Ron had gone to the park. Dinner time passed. The food got soupy from reheating and the charcoal supply got nil. My patience wilted and I went to the park. I found him sitting at a side walk cafe, a middle aged Spaniard with him. He motioned me to sit down and be silent. He was processing. The fellow had been in the Russian army, had fought in the battle of Stalingrad and then had been forced into servitude in Siberia. His legs had been so badly frozen that they would not bend at the joints. This peglegged walk was to carry him through life and to deny him work because of his slowness. After Ron had finished, we invited him home to dinner. He walked naturally again. His realization of what had happened to him did not come until he walked to the door to leave. He suddenly stopped and began shouting “I walk – I walk”.

There are many such people and many more – you in the field have not been idle either these five years. Maybe someday we can realize Ron’s Project. Very few know about it, but someday he hopes to have every auditor in the field “who is worth his stuff as an auditor” on the H.A.S.I. payroll. They would be given some person – some one in high government position, someone in the arts, someone in religion – people who are in the public eye and who supply thousands morale in the forms of good public works, books, paintings, humor, spiritual aid, to birddog until they submitted to processing. These auditors could then simply process and proceed without depending upon public approval or financial support which is dependent upon public approval. Maybe someday we can accomplish this. It is a goal worth working toward. We too, will have a better world someday.

It is Ron’s dream and yours and mine.

~oo00oo~



GROUP PROCESSING

From The
Creation of Human Ability
by L. Ron Hubbard

For successful group processing the following are near absolutes.

1. The group auditor must be able to grant beingness to the group. Stage fright and timid commands have no place in group auditing. An auditor who is afraid of a group will 'Q and A' with the group (as soon as it gets an effect, he changes the process -- he changes commands when the group changes aspect).
2. Commands must be simple, clear, concise, evenly spaced, without sudden breaks of pace or jarring interjections of loudness.
3. The processes should be objective, addressing the environment not the thinkingness of the group. Opening Procedure, adapted to a group, run long enough, would exteriorize everyone present.
4. Every command given should be run long enough to flatten every communication lag present.
5. Every process used should be run long enough consecutively to 'flatten' the process itself.
6. The Auditor's Code in full should be obeyed. If these rules are vigorously followed, good results can be attained in group processing.

Here are some standard processes for groups. Each is a one hour session.

SESSION 1: 'Spot some spots on the front wall.' 'Spot some more spots', 'Spot some more spots', and so on for some time. Then: 'Spot some spots on the floor', 'Spot some more spots on the floor', and so on for some time. Then: 'Without turning around, spot some spots on the back wall', 'Some more spots', and so on. Then spot spots on the front wall again, then

the floor, then the back wall. If the ceiling is used in this their necks get tired very quickly.

SESSION 2: 'Spot some spots in your body.' Pause. 'Spot some spots in the room.'

Pause. 'Spot some spots in your body.' Pause. 'Spot some spots in the room.' Alternate these two commands for at least one hour.

SESSION 3: 'Examine your chair.' Pause. 'Examine the floor.' Pause. 'Examine your chair.' Pause. 'Examine the floor', and alternate these for at least one hour.

SESSION 4: 'Where's your face?' Pause. 'Where's your face?' Pause. 'Where's your face?' Pause, and so on for at least one hour.

SESSION 5: 'Start laughing.' Pause. 'Keep on laughing.' Pause. 'Laugh.' Pause. 'Keep on laughing.' just these for at least an hour.

SESSION 6: 'Where are you?' Pause. 'Where are you?' Pause. 'Where are you?' Pause. For at least one hour.

SESSION 7: A very arduous one. OPENING PROCEDURE BY DUPLICATION.

Have each person in the group hold two objects, one in each hand. Be very sure, as an auditor, not to vary your commands. 'Call the object in your left hand Object One. Call the object in your right hand Object Two.' 'Look at Object One. What is its color? Temperature? Weight?' 'Look at Object Two. What is its color? Temperature? Weight?' 'Look at Object One. What is its color? Temperature? Weight?' 'Look at Object Two. What is its color? Temperature? Weight?' Use these over and over for at least an hour. Never give less than an hour of OPENING PROCEDURE BY DUPLICATION -- never do it for only half an hour, much less fifteen minutes. This is the first step of what Scientologists call 'Dirty 30'. For the convenience of the auditor, this list is given: OBJECT ONE: Color Temperature Weight OBJECT TWO: Color Temperature Weight.

SESSION 8: This is very arduous. DUPLICATION BY ATTENTION. Put up two black pieces of material somewhat above eye level, at least ninety degrees apart from the preclear. Hang them up on the walls, ahead of the group so all can see them. (One on the forward right wall, one on the forward left wall is best.) Describe them to the group as Object One and Object Two. 'Put your attention on Object One.' 'Now put your attention on Object Two.' 'Now put your attention on Object One.' 'Now put your attention on Object Two.' Do this without variation for at least an hour. On duplication processes, somebody in the audience usually claims this is 'hypnotism', for it runs out hypnotism. It induces no trances. People who think so simply don't know much about hypnotism.

SESSION 9: This is in four parts. Do each part exactly fifteen minutes. It is run with the group's eyes closed. 'Find the two back corners of the room, hold on to them, and don't think.' The auditor repeats this quietly and reassuringly every few minutes until fifteen minutes is reached. Then at fifteen minutes past the hour he says, 'Now find a third back corner of the

room. Hold on to three of the back corners of the room. Sit still, and don't think.

' He repeats: 'Hold on to three of the back corners of the room and sit still and don't think'. At the half hour, he says, 'Now find all four back corners of the room, hold on, and don't think'. He repeats every few minutes, 'The four back corners of the room and don't think'. When the forty- five minutes mark of the process has been reached, the auditor says, 'Now locate the eight corners of this room, hold on, and don't think', and repeats, 'Eight corners, don't think', every few minutes. At the hour mark, the process could be repeated. If so, do it again exactly as above.

SESSION 10: Description Processing should not be done on the groups, some of whose members have questionable stability. Use only SESSIONS 1 to 6 on such groups. When a group has been much run, almost any form of Description Processing can be used. SESSION 10, however, consists entirely of one command which is not changed for at least half an hour. This is, 'How close does your body seem to you now?' Pause. 'How close does your body seem to you now?' Pause. 'How close does your body seem to you now?' and so on.

In processing groups, duplication of command is part of the process.

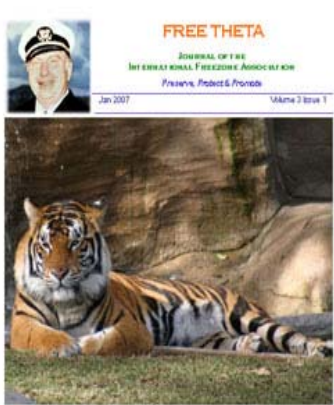
Keep it simple. Grant them beingness. Keep them in contact with present time and out of their facsimile bank and you'll get group processing clears. Make it complicated, make them 'figure', be shy, and the group won't come back. Never worry about boring them. The reason they're spun in is because 'the body and the confusion were so interesting'.

~oo00oo~



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***Quote from
L. Ron Hubbard***

THE CODE OF HONOUR

1. Never desert a comrade in need, in danger or in trouble.
2. Never withdraw allegiance once granted.
3. Never desert a group to which you owe your support.
4. Never disparage yourself or minimize your strength or power.
5. Never need praise, approval or sympathy.
6. Never compromise with your own reality.
7. Never permit your affinity to be alloyed.
8. Do not give or receive communication unless you yourself desire it.
9. Your self-determinism and your honour are more important than your immediate life.
10. Your integrity to yourself is more important than your body.
11. Never regret yesterday. Life is in you today, and you make your tomorrow.
12. Never fear to hurt another in a just cause.
13. Don't desire to be liked or admired.
14. Be your own adviser, keep your own counsel and select your own decisions.
15. Be true to your own goals.

A Special Quote from the Volunteer Ministers Handbook by L. Ron Hubbard

Exercises One, Two and Three

Exercise One

Look and Act Younger: Sitting somewhere near the center of a room, close your eyes and "contact" the two upper corners of the room behind you. Then, holding those corners, sit still and don't think. Remain interested only in those two corners.

You can do this for two minutes (minimum) or two hours, always with benefit. No matter what happens, simply hold the corners and don't think.

You can do this daily. It will make you look and act younger.

Exercise Two

Feel Freer: Pick out two similar objects. Then find as many differences between them as possible.

Now pick out two objects and see where they are in relation to each other and your body.

Use these two steps over and over. You will feel freer and see better.

Exercise Three

Better your memory: Go over this list many times, each time answering its questions.

"Recall a time which really seems real to you."

"Recall a time when you were in good communication with someone."

"Recall a time when you agreed to something."

"Recall a time when somebody disagreed with you."

"Recall a time when you liked somebody."

"Recall a time when someone agreed with you."

"Recall a time when someone was communicating easily to you." "Recall a time when somebody liked you."

Use this list many times. If "holding corners" (Exercise One) disturbed you, use this list. If you are tired or confused, use it.

This exercises can be done for hours.

~oo00oo~

Expanded Know to Mystery Scale

But you get a condensation of knowingness. A condensation of knowingness occurs down to lookingness. One has something to look at. And then this condenses and we get emotion. And this condenses and we get effort. And this condenses and we get thinkingness -you know, figure-figure. And this condenses and we get symbols. And the symbols condense and we get eating and the eating condenses and we get sex and the sex condenses and we get mystery.

Now, we could go on down south again and say, below mystery we get peering. And below peering, why, we would of course get misemotion. And below misemotion we would get horror of effort. And below horror of effort, why, we would get something on the order of a circuit instead of thinkingness, you see.

And below this circuit, why, we would get incomprehensible symbols and sciences like psychology. And below, and below this circuitry we would get indigestion. And below indigestion we'd get sterility and impotence. And below this, why, we would get unconsciousness.

**Native State
Not Know
Know About
Look
Emotion
Effort
Think
Symbols
Eat
Sex
Mystery
Wait
Unconscious**

PERSONAL INTEGRITY

WHAT IS TRUE FOR YOU is what you have observed yourself
And when you lose that you have lost everything.

What is personal integrity?
Personal integrity is knowing what you know-
What you know is what you know-
And to have the courage to know and say what you have observed.
And that is integrity
And there is no other integrity.

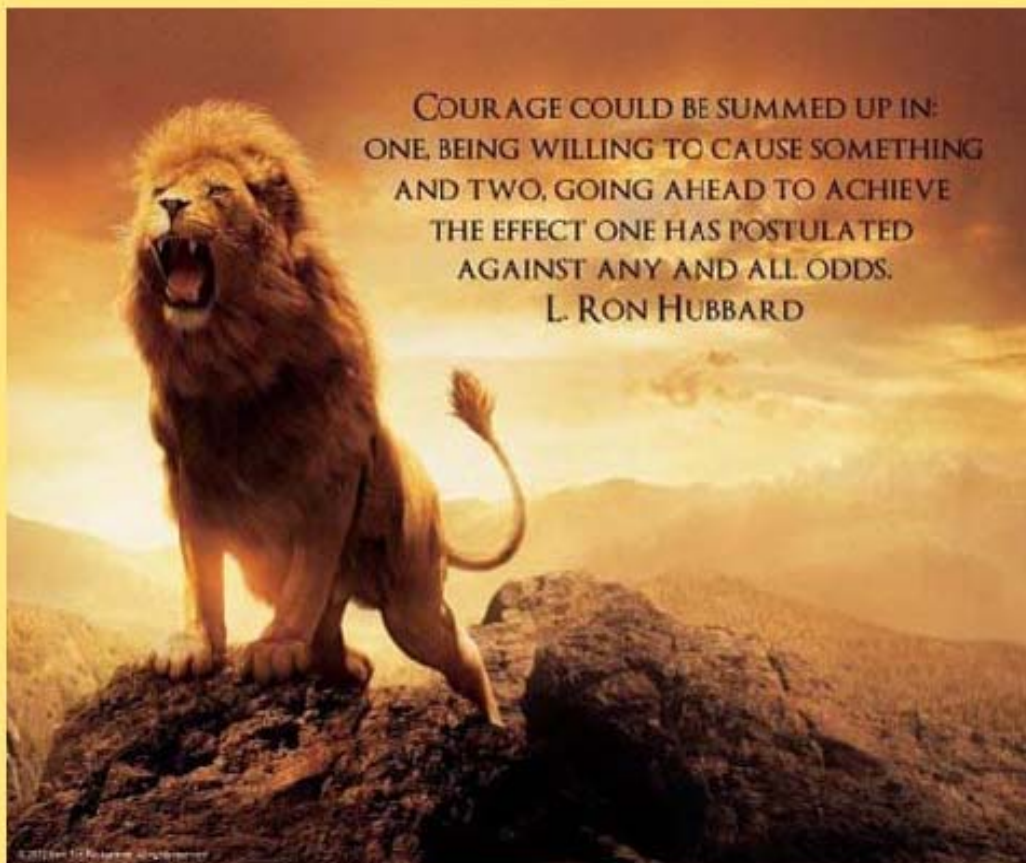
Of course we can talk about honor, truth, all these things,
The esoteric terms.
But I think they'd all be covered very well
If what we really observed was what we observed,
That we took care to observe what we were observing,
That we always observed to observe.

And not necessarily maintaining a sceptical attitude,
A critical attitude or an open mind.
But certainly maintaining sufficient personal integrity
And sufficient personal belief and confidence in self
And courage that we can observe what we observe
And say what we have observed.

Nothing in Dianetics and Scientology is true for you
Unless you have observed it
And it is true according to your observation.
That is all.

L. Ron Hubbard

Group Starter Kit for Scientologists



A Handbook for Field Scientologists Starting up a Group

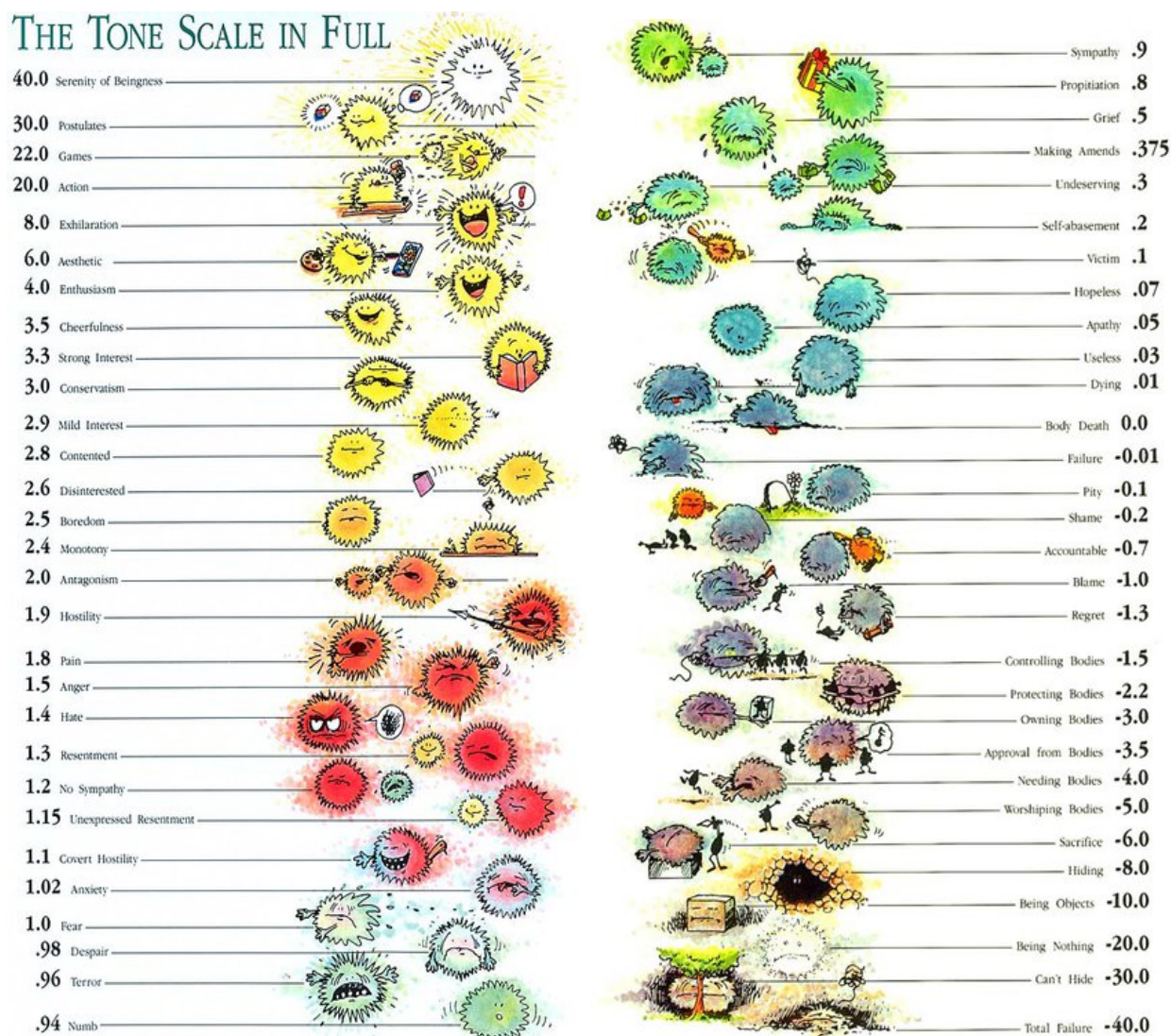
Published by The Association of Professional Independent Scientologists.

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<http://independent-scientologists-association.net/start-a-group.shtml>

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The Tone Scale in Full



The Tone Scale

Understanding is composed of Affinity, Reality and Communication. This triangle tells us that the co-existent relationship between affinity, reality and communication is such that none can be increased without a resulting increase in the other two and none can be decreased without decreasing the other two. Of the three, communication is by far the most important. Affinity and reality exist to further communication. Under the heading of affinity we have, for instance, all the varied emotions which go from apathy at 0.1 through grief, fear, anger, antagonism, boredom, enthusiasm, exhilaration and serenity in that order. It is affinity and this rising scale of the characteristics of emotion which give us the Tone Scale.

Scientology 0-8. The Book of Basics

Daily do list from Ron

Here's a brief quote from Professional Auditor's Bulletin (PAB) No. 6, which I offer as a fair use quote for educational purposes:

"Now you happen to be using a body. Before we worry about your mind let's clean up the primary communication relay point, the body. And for two weeks, let's do these things:

1. Clean up your MEST, get done the various odd jobs you've "been meaning to do."
2. Bring yourself up to date socially and give a letter or a ring or a personal call on people you've neglected.
3. Take a one-hour walk every day, simply starting away from home very early (dawn is best) for half an hour and then walk back, a different direction every day. (If you can't walk, get out in the yard and throw things for half an hour. If you can't throw, spit at something for half an hour -- and I mean throw and spit literally.)
4. Get a physical examination and if anything is chronic get it cured.
5. Take twice a day 100 mg. of B1 (200 mg. total) and supplement it with 250 mg. of vitamin C.

If you will do these things, you will be ready in a couple of weeks for some auditing. And if you feel you're in such top condition you need no auditing, I dare you to do the above and feel the change."



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Regain your ABILITY and POWER as a Thetan

by L. Ron Hubbard

INTENTION. The ability to intend. And intention contains in it every power the Thetan has. The ability to throw a lightening bolt. The ability to hold something in position. The ability to make some thing continue. The ability to do away with something. Strength. Accomplishment. Power. Wit. Ability. These things are all wrapped up in the one common denominator of INTENTION.

You've been able to do this in recent times. It baffles you sometimes when a piece of MEST does not instantly and immediately obey, but it's simply a matter of intention.

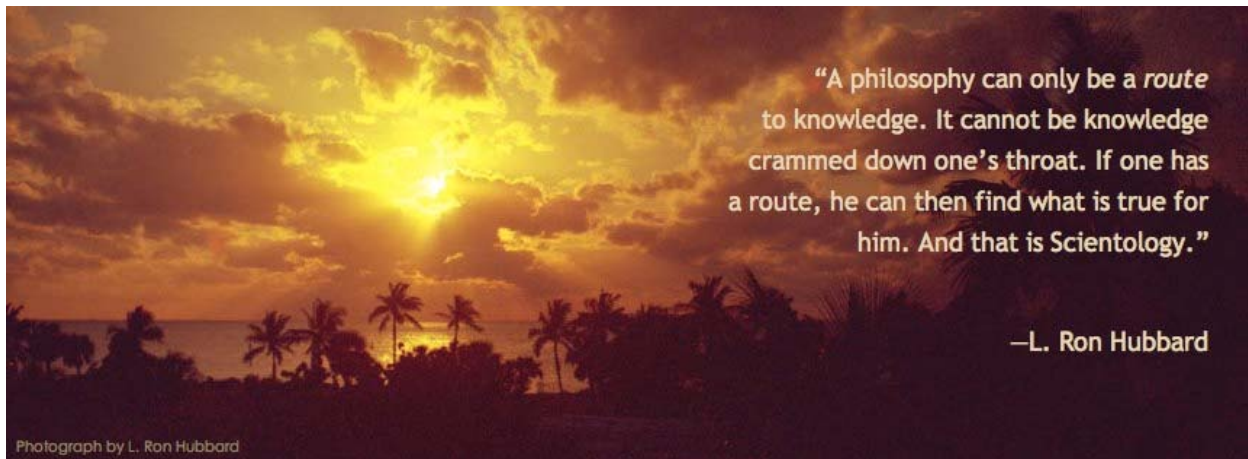
You intend something to happen and it happens. This is the ability to intend. And that is all there is to a thetan's power - there is no more to his power than that.

Intention is everything in case recovery. A person is as weak as his intentions are blunted. He will become as strong as his intentions are free. The greatest holder-backer of intention is the person himself. If he is regaining his power or ability or something like that, he's merely moving out of his road what blunts his intention and what has blunted his intentions, and that's all he is really doing.

Well, now he can go all the way, that is well within his grasp, and if he walks along a certain path and doesn't keep jumping off the cliff and so forth, why he will arrive.



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